

Developing the base of evidence for LOGOSYNTHESIS®

WHAT IS LOGOSYNTHESIS?

Logosynthesis is a model for self-coaching and guided change based on the power of words and sentences to change energy fields.

- Dr. Willem Lammers, Founder -

BEST AVAILABLE CLINICAL RESEARCH

Case Study: 'How Words Change Traumatic Experiences – Logosynthesis'
(S. von Blumenthal, Bad Ragaz CH) Presented at
ESTD 2017 CONFERENCE, Bern, Switzerland www.estd2017.org

Case study: The Logosynthesis® method for processing fear and trauma
(Ineke Kersten, Medical Psychologist, Netherlands, 2015)

Survey: A survey to determine the effectiveness of Logosynthesis® to support professional self-care. 83% of respondents indicate Logosynthesis has transformed how they approach their role as a coach, therapist or guide. (The Healthy Living Plan Inc., Canada, 2020)

Survey: Logosynthesis® is preferred treatment method among an international group of psychologists, psychotherapists and coaches trained in the method for patients with anxiety, depression, PTSD, burnout and other conditions
(The Healthy Living Plan, Canada, 2017)

Books on Logosynthesis:

Minute Miracles: The Practice of Logosynthesis. Inspiration from Real Life. (Lammers, 2019)

Logosynthesis: Healing with Words (Lammers, 2015)

Self-Coaching with Logosynthesis (Lammers, 2015)

Logosynthesis: Enjoying Life More Fully (Caswell, 2017)

Letting It Go: Relieve Anxiety and Toxic Stress in Just a Few Minutes
Using Only Words (Weiss, 2016)

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PATIENT VALUES & PREFERENCE

Survey: Professionals trained in Logosynthesis® cite patient benefits as: overall effectiveness, speed of work, ease of use, client comfort and targets presented issue.
(The Healthy Living Plan Inc., Canada, 2017)

CLINICAL EXPERTISE

- Dr. Willem Lammers was awarded the 2018 ACEP Award for major contribution to the field of energy psychology.

- Logosynthesis International Association (LIA), based in Switzerland, certifies practitioners and trainers to develop and maintain quality standards of practice on an international basis.
As of January 2020, there are over 150 certified practitioners in Logosynthesis.

OTHER RESOURCES

Websites:

www.logosynthesis.international

www.logosynthesis.net

www.thehealthylivingplan.com

www.coaching.pe

YouTube Channel Links:

The Origin of Logosynthesis®

The Healthy Living Plan®

Lara Cardona Morisset

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