

Developing the base of evidence for LOGOSYNTHESIS®

WHAT IS LOGOSYNTHESIS?

Logosynthesis is a comprehensive model for healing and development based on the power of words to restore the flow of life energy.

- Dr. Willem Lammers, Founder, 2021 -

BEST AVAILABLE CLINICAL RESEARCH & SURVEYS

Case Study: 'How Words Change Traumatic Experiences – Logosynthesis' (S. von Blumenthal, Bad Ragaz CH) Presented at ESTD 2017 CONFERENCE, Bern, Switzerland www.estd2017.org

Case study: The Logosynthesis® method for processing fear and trauma (Ineke Kersten, Medical Psychologist, Netherlands, 2015)

Publication: Logosynthesis®: Energy Healing With Words (Philippe Isler, The International Journal of Healing and Caring, Vol.14 No.1, January 2014)

Publication: Treating 'Frozen' Latent Fantasies in Trauma Therapy (Philippe Isler, The Energy Field, February 2017)

Survey: Logosynthesis® is preferred treatment method for patients with anxiety, depression, PTSD, burnout and other conditions (The Healthy Living Plan, Canada, 2017)

Survey: A comparison between Logosynthesis® & Cognitive Behaviour Therapy (CBT) (The Healthy Living Plan Inc., Canada, 2018)

Survey: A survey to determine the effectiveness of Logosynthesis® to support professional self-care. (The Healthy Living Plan Inc., Canada, 2020)

PATIENT VALUES & PREFERENCE

Survey: Professionals trained in Logosynthesis® cite patient benefits as: overall effectiveness, speed of work, ease of use, client comfort and targets presented issue. (The Healthy Living Plan Inc., Canada, 2017)

CLINICAL EXPERTISE

- Dr. Willem Lammers, the founder of Logosynthesis®, is a psychologist, a licensed psychotherapist and a consultant to people and organizations. He is also the founding director of ias, a leading training institute for workplace counselling in Switzerland. Willem has been working on the boundaries of body, mind and spirit since the beginning of his career. He trained in bioenergetics, TA, hypnotherapy, NLP and energy psychology, and is a skillful teacher and trainer. -
- Dr. Willem Lammers was awarded the 2018 ACEP Award for major contribution to the field of energy psychology. -
- Logosynthesis International Association (LIA), based in Switzerland, certifies practitioners and trainers to develop and maintain quality standards of practice on an international basis. There are currently close to 200 certified Practitioners in Logosynthesis®. -

OTHER RESOURCES

Books on Logosynthesis:

- Discover Logosynthesis® (Lammers, 2020)
- Alone to Alive: Logosynthesis® and the Energy of Beliefs (2021)
- Sparks at Dawn: Awakening With Logosynthesis® (Lammers, 2020)
- Reclaiming Your Energy From Your Emotions: States of the Mind in Logosynthesis® (Lammers, 2020)
- Minute Miracles: The Practice of Logosynthesis. Inspiration from Real Life. (Lammers, 2019)
- Logosynthesis: Healing with Words (Lammers, 2015)
- Self-Coaching with Logosynthesis (Lammers, 2015)
- Thriving In Our Times: From Reactions To Action Using Logosynthesis (Caswell, 2020)
- Logosynthesis: Enjoying Life More Fully (Caswell, 2017)
- Embracing Prosperity: Resolve Blocks To Experiencing Abundance (Weiss & Lammers, 2020)
- Letting It Go: Relieve Anxiety and Toxic Stress in Just a Few Minutes Using Only Words (Weiss, 2016)
- Willy and the Little Monsters (Nordemann, 2021)

YouTube Channels & Playlists Links:

- The Origin of Logosynthesis®: Videos by the Founder of Logosynthesis, Dr. Willem Lammers
- The Healthy Living Plan: What is Logosynthesis?, Logosynthesis Day 2022, Logosynthesis Day 2021
- Cathy Caswell: Thriving In Our Times Using Logosynthesis® (Interviews with Professionals)

Websites:

- The Origin of Logosynthesis®: www.logosynthesis.net
- Logosynthesis International Association: www.logosynthesis.international
- The Healthy Living Plan (Resources on Logosynthesis): www.thehealthylivingplan.com